

Psychology (PSYC) 356

Introduction to Personality Theories and Issues (Revision 6)

Delivery Mode: Individualized Study Online [↗](#) with eText [↗](#)

Credits: 3

Areas of Study: Arts, or Social Science (Non-Business)

Prerequisites: PSYC 289 and PSYC 290 are strongly recommended.

Precluded: None

Challenge: PSYC 356 has a Challenge for Credit option.

Faculty: Faculty of Humanities & Social Sciences [↗](#)

Status: Replaced with new revision, see the [course listing](#) [↗](#)
for the current revision [✕](#)



Overview

This course examines a number of theories of personality, including the key theorists and concepts associated with each theory, along with the strengths and limitations of each theory.

➤ Outline

Outline


- Unit 1: Introduction
- Unit 2: Psychodynamic Theories
 - Freud, Adler, Jung, Klein, Horney, Erikson, Fromm
- Unit 3: Humanistic/Existential Theories
 - Maslow, Rogers, May
- Unit 4: Dispositional Theories
 - Allport, McCrae and Costa
- Unit 5: Biological/Evolutionary Theories
 - Eysenck, Buss
- Unit 6: Learning-Cognitive Theories
 - Skinner, Bandura, Rotter and Mischel, Kelly

➤ Evaluation


Evaluation


To **receive credit** [↗](#) for the course, you must complete all quizzes and assignments, receive a grade of 50 percent or better on the final exam, and a



composite course grade of at least **D (50 percent)** . The weighting of the composite grade is as follows:


Activity	Weight
5 Quizzes	5 x 5% = 25%
Essay 1	12%
Essay 2	13%
Essay 3	15%
Final Exam	35% of final grade
Total	100%

The **final examination** for this course must be taken online with an AU-approved exam invigilator at an approved invigilation centre. It is your responsibility to ensure your chosen invigilation centre can accommodate online exams. For a list of invigilators who can accommodate online exams, visit the [Exam Invigilation Network](#) .

To learn more about assignments and examinations, please refer to Athabasca University's [online Calendar](#) .

Materials

Materials

Feist, J., Feist, G. J., & Roberts, T.-A. (2021). *Theories of personality* (10th ed.). New York: McGraw-Hill Education.  (eText)

Whedon, J. (Director). (2015). *The Avengers: Age of Ultron* [Motion picture]. United States: Marvel Studios/Walt Disney Pictures.  (Audio/Video)



eText

Registration in this course includes an electronic textbook. For more information on [electronic textbooks](#) , please refer to our [eText Initiative site](#) .

Other Materials

All other course materials are available online.

Challenge for Credit

Challenge for Credit

Overview

The Challenge for Credit process allows you to demonstrate that you have acquired a command of the general subject matter, knowledge, intellectual and/or other skills that would normally be found in a university-level course.

Full information about [Challenge for Credit](#) can be found in the Undergraduate Calendar.

Evaluation

To [receive credit](#) for the PSYC 356 challenge registration, you must achieve a grade of at least 50 percent on the exam and obtain a composite mark of at least **D (50 percent)** to pass.

Activity	Weight
Research Paper	50%
Exam	50%
Total	100%



Challenge for Credit Course Registration Form

Important Links

Important Links

- › [Academic Advising](#) 
- › [Program Planning](#) 
- › [Request Assistance](#) 
- › [Student Services](#) 

Athabasca University reserves the right to amend course outlines occasionally and without notice. Courses offered by other delivery methods may vary from their individualized-study counterparts.

Opened in Revision 6, September 26, 2018

Updated October 7, 2021, by Student & Academic Services

View [previous revision](#) 

