



Psychology (PSYC) 350

Adolescent Psychology (Revision 8)

Status:	Replaced with new revision, see the course listing ↗ for the current revision ✖
Delivery mode:	Individualized study online ↗ with eText ↗
Credits:	3
Areas of study:	Arts or Social Science
Prerequisites:	PSYC 289, PSYC 290, PSYC 228, or an equivalent course is recommended.
Precluded:	None
Challenge:	PSYC 350 has a challenge for credit option.
Faculty:	Faculty of Humanities and Social Sciences ↗

Overview

Psychology 350: Adolescent Psychology examines the physical, cognitive, social, and moral development of adolescents in the contexts of family, peers, school, work, and the media. It discusses major theories, methods of studying adolescents, adolescent development, and contemporary adolescent issues and concerns (e.g., work, school, media, sexuality, and suicide).

This course should be useful to parents, teachers, students, and any individuals who deal with adolescents in their life and work.

Outline

Unit 1: Fundamentals of Adolescent Psychology

- Lesson 1: Introduction
- Lesson 2: Biological Foundations
- Lesson 3: Cognitive Foundations

Unit 2: The Roles of Culture, Gender, and the Self in Adolescent Development

- Lesson 4: Cultural Beliefs
- Lesson 5: Gender
- Lesson 6: The Self

Unit 3: Intimate Contexts for Adolescents

- Lesson 7: Family Relationships
- Lesson 8: Friends and Peers
- Lesson 9: Love and Sexuality

Unit 4: Adolescents in Their Larger Contexts

- Lesson 10: School
- Lesson 11: Work
- Lesson 12: Media

Unit 5: Problems and Resilience

- Lesson 13: Problems and Resilience

Evaluation


To **receive credit** [↗](#) for PSYC 350, you must complete two discussion Q&As, five unit quizzes, a written assignment, and the final exam. You must achieve a course composite grade of at least **D (50 percent)** [📄](#) and a grade of at least 50 percent on the final examination. The weighting of the composite grade is as follows:

Activity	Weight
Unit Quizzes (5 quizzes)	30%
Discussion Q&A (2 assignments)	10%
Written Assignment	30%
Final Exam	30%
Total	100%



The **final examination** for this course must be taken online with an AU-approved exam invigilator at an approved invigilation centre. It is your responsibility to ensure your chosen invigilation centre can accommodate online exams. For a list of invigilators who can accommodate online exams, visit the **Exam Invigilation Network** [↗](#).

To learn more about assignments and examinations, please refer to Athabasca University's **online Calendar** [↗](#).

Materials

Arnett, J. J. (2018). *Adolescence and emerging adulthood: A cultural approach* (6th ed.). Upper Saddle River, NJ: Pearson Education, Inc.  (eText)

eText

Registration in this course includes an electronic textbook. For more information on **electronic textbooks** , please refer to our **eText Initiative site** .

Other Resources

All other learning resources will be available online.



Challenge for credit

Overview

The challenge for credit process allows you to demonstrate that you have acquired a command of the general subject matter, knowledge, intellectual and/or other skills that would normally be found in a university-level course.

Full information about **challenge for credit**  can be found in the Undergraduate Calendar.

Evaluation

To **receive credit**  for the PSYC 350 challenge registration, you must achieve a grade of at least 50 percent on the exam and obtain a composite mark of at least **D (50 percent)**  to pass.

Activity	Weight
Research Paper	40%
Exam	60%

Activity	Weight
Total	100%



[Challenge for credit course registration form](#)

Important links

- › [Academic advising](#)
- › [Program planning](#)
- › [Request assistance](#)
- › [Support services](#)

Athabasca University reserves the right to amend course outlines occasionally and without notice. Courses offered by other delivery methods may vary from their individualized study counterparts.

Opened in Revision 8, July 10, 2019

Updated July 13, 2023

View [previous revision](#)