





# Psychology (PSYC) 347

## Introduction to Feminist Counselling (Revision 4)

**Status:** Replaced with new revision, see the [course listing](#)  for the current revision 

**Delivery mode:** [Individualized study online](#) 

**Credits:** 3

**Areas of study:** Arts or Social Science

**Prerequisites:** **PSYC 345** (or equivalent course from another institution) is strongly recommended.

**Precluded:** PSYC 343 (PSYC 347 may not be taken for credit if credit has already been obtained for PSYC 343.)

**Challenge:** PSYC 347 has a challenge for credit option.

**Faculty:** [Faculty of Humanities and Social Sciences](#) 

## Overview

Psychology 347: Introduction to Feminist Counselling is about feminist theory and the development of a feminist model of counselling. It is also about developing as a feminist and as a counsellor. Some people may take this course to broaden their counselling perspectives; others may take the course because they are feminists and want to apply feminist philosophy and theory to their work in the helping professions. This course will help you achieve many objectives, including identifying and describing different theories of feminism and their implications for counselling and recognizing that becoming a qualified feminist counsellor is a complex process that demands time, reflection, self-knowledge, and further study.

## Outline

- Unit 1: The Role of Theory
- Unit 2: Principles of Feminist Counselling
- Unit 3: Liberal Feminism and Psychotherapy
- Unit 4: Implications of Radical Social Change
- Unit 5: Third-Wave Feminism and Therapy
- Unit 6: Women of Colour
- Unit 7: Toward a Transnational Feminist Understanding
- Unit 8: Anticolonial Feminist Therapy
- Unit 9: Becoming a Feminist Therapist

## Evaluation

To **receive credit** [↗](#) for Psychology 347: Introduction to Feminist Counselling, you must complete all six assessment activities, including five assignments and the final invigilated exam. The weightings for each activity are as follows:

Activity	Weight
Assignment 1: Letter of Introduction	10% of final grade
Assignment 2: Mapping Concepts	10% of final grade
Assignment 3: Reflection Questions	20% of final grade
Assignment 4: Reflection Essay	30% of final grade
Assignment 5: Online Participation Self-Assessment	5% of final grade
Final Invigilated Exam	25% of final grade
<b>Total</b>	<b>100%</b>

The **final examination** for this course must be requested in advance and written under the supervision of an AU-approved exam invigilator. Invigilators include either ProctorU or an approved in-person invigilation centre that can accommodate online exams. Students are responsible for payment of any invigilation fees. Information on exam request deadlines, invigilators, and other exam-related questions, can be found at the [Exams and grades](#) section of the Calendar.

To learn more about assignments and examinations, please refer to Athabasca University's [online Calendar](#).

## Materials

This course either does not have a course package or the textbooks are open-source material and available to students at no cost. This course has a **Course Administration and Technology Fee**, but students are not charged the Course Materials Fee.

All materials for this course can be found online.

## Challenge for credit

## Overview

The challenge for credit process allows you to demonstrate that you have acquired a command of the general subject matter, knowledge, intellectual and/or other skills that would normally be found in a university-level course.

Full information about **challenge for credit** [↗](#) can be found in the Undergraduate Calendar.

## Evaluation

To **receive credit** [↗](#) for the PSYC 347 challenge registration, you must achieve a grade of at least **D (50 percent)** [↗](#) or greater on the research essay to be eligible to write the challenge examination. A cumulative average of 50 percent on both activities is required. Credit is awarded on a pass/fail basis only.



[Challenge for credit course registration form](#)

## Important links

- › [Academic advising](#) [↗](#)
- › [Program planning](#) [↗](#)
- › [Request assistance](#) [↗](#)
- › [Support services](#) [↗](#)

Athabasca University reserves the right to amend course outlines occasionally and without notice. Courses offered by other delivery methods may vary from their individualized study counterparts.

*Opened in Revision 4, October 18, 2018*

*Updated March 15, 2024*

View [previous revision](#) [↗](#)