



Nursing (NURS) 436

Family Health Promotion (Revision 6)

Delivery mode: [Individualized study online](#) with [eText](#)

Credits: 4

Area of study: Applied Study

Prerequisites: ENGL junior/senior (ENGL 255 recommended). Available only to Bachelor of Nursing students or with professor approval

Pre/Co-requisites: **Post RN BN:** [NURS 328](#)
Post LPN BN: [NURS 328](#) and [NURS 250](#).

Precluded: None

Challenge: NURS 436 is not available for challenge.

Faculty: [Faculty of Health Disciplines](#)

Status: Replaced with new revision, see the [course listing](#) for the current revision

Notes: Follow directions on the [[Undergraduate Course Registration](#)] form to register in the

course. Online course materials cannot be accessed prior to your course contract start date.

Overview

In Nursing 436: *Family Health Promotion* students build on the concepts of health promotion and apply them to family health promotion nursing practice. There is an opportunity to explore the meaning of family from your own experience, the experience of others, and in relation to theoretical and statistical perspectives on family. Assessment of family health across the lifespan using various theoretical frameworks and family nursing assessment models is introduced. A collaborative process among health professionals, patients, and families that is strength-based is suggested to empower families in health promotion initiatives. The importance of a more family-centred care approach across different areas of nursing practice is highlighted. You are invited to choose frameworks or models that resonate with you to support your work in completing learning activities that are part of the five units in the course. You are encouraged to dialogue with classmates and course tutors through asynchronous discussion forums. The three course assignments guide you to reflect further on family nursing practice and family health promotion. Actively participating and engaging in discussion in this course will broaden your knowledge and challenge your attitudes

Outline

- Unit 1: Significance of Family
- Unit 2: Family Health Assessment Process
- Unit 3: Health Promotion and Family Nursing Practice

- Unit 4: Family-Centred Care
- Unit 5: Family Nursing Practice and Family Health Promotion: Policy Implications

Learning outcomes

On completion of this course the student will be able to:

- Explain the meaning of family from experiential, theoretical, and statistical perspectives in how family has been and is defined.
- Discuss family nursing assessment models that can be applied in nursing practice.
- Explain the relationship between health promotion and family nursing practice.
- Discuss the meaning of family centered-care in nursing practice.
- Describe how social and political realities affect health care outcomes of families.

Evaluation

To **receive credit** [↗](#) for NURS 436, you must complete and submit all of the required assignments and achieve an overall grade of at least **C (64 percent)** [📄](#). All papers submitted must follow the guidelines of the current APA Publication Manual.

The assignments and weighting of the composite grade is as follows:

Activity	Weight
Assignment 1: Definition of Family	25%
Assignment 2: Genogram & Ecomap	25%

Activity	Weight
Assignment 3: Exploring Values & Beliefs	30%
Assignment 4: Conference Participation	20%
Total	100%



To learn more about assignments and examinations, please refer to Athabasca University's [online Calendar](#) .

Materials





Kaakinen, J. R., Coehlo, D. P., Steele, R., & Robinson, M. (2018). *Family health care nursing. Theory, practice and research* (6th ed.).

Philadelphia: F. A. Davis.  (eText)

eText

Registration in this course includes an electronic textbook. For more information on [electronic textbooks](#) , please refer to our [eText Initiative site](#) .

Important links

- › [Academic advising](#) 
- › [Program planning](#) 
- › [Request assistance](#) 
- › [Support services](#) 

Athabasca University reserves the right to amend course outlines occasionally and without notice. Courses offered by other delivery methods may vary from their individualized study counterparts.

Opened in Revision 6, June 26, 2018

Updated October 31, 2022, by Student & Academic Services

View [previous revision](#) 
