

Graduate Counselling and Applied Psychology (GCAP) 635

Responsive Case Conceptualization & Counselling Interventions

(Revision 5)

Delivery mode: Paced study [↗](#)

Credits: 3

Area of study: Counselling

Prerequisites: GCAP 631, GCAP 633, and GCAP 671

Corequisites: None

Precluded: None

Faculty: Faculty of Health Disciplines [↗](#)

Status: Replaced with new revision, see the [course listing](#) [↗](#) for the current revision [✕](#)

Notes: **This course must be taken through GCAP.**

Students with a disability, who require academic accommodation, need to register with the [Access to Students with Disabilities](#) [↗](#) Centre at

Athabasca University. Notification of the need for academic accommodation must normally be provided to the program office **no later than fourteen (14) days prior to the first day of class. It is the student's responsibility to register with the Disability Centre to request academic accommodation if required and to notify the instructor that such accommodation has been requested.** Every reasonable effort will be made to accommodate individual student needs. However, because GCAP courses are paced, all student are required to participate weekly in the online discussion forums. There are also several courses where online exams are required.

Overview

The *Responsive Case Conceptualization & Counselling Interventions* course is designed to be taken concurrent with GCAP 671, building on the counselling microskills and techniques developed in that course, as well as on the foundational relational principles and practices that support building and maintaining a client–counsellor relationship. In GCAP 635, students focus on developing proficiency in the intentional use of counselling microskills, techniques, and strategies to co-construct goals and collaborate with clients to facilitate change at the micro, meso, and macro levels of intervention. Students will learn how to engage in culturally responsive and socially just change processes with, or on behalf of, clients.

Outline

Spring Online Learning Processes

- Week 1: Responsive Change Processes
- Week 6: Collaborative Influence, Goal-Setting, and Working with Actions
- Week 7: Working with Thoughts and Beliefs, Emotions and Sensations
- Week 8: Working with Stories


Summer Institute Learning Processes

The Summer Institute portion of this course includes 39 hours of direct face-to-face instruction. Please note that first year students are required to attend Summer Institute in its entirety - both courses as well as the mandatory 2-day orientation.

- Class 12: Collaborative Influence and Goal-Setting
- Class 13: Goal-Setting and Case Conceptualization
- Class 14: Working with Actions I
- Class 15: Working with Actions II
- Class 16: Working with Thoughts and Beliefs I
- Class 17: Working with Thoughts and Beliefs II
- Class 18: Working with Emotions I
- Class 19: Working with Emotions II
- Class 20: Working with Stories I
- Class 21: Working with Stories II
- Class 22: Case Conceptualization I
- Class 23: Case Conceptualization II
- Class 24: Endings

Evaluation

To **receive credit** [↗](#) for GCAP 635, students must submit all of the course assignments, achieve a minimum grade of B- (70 percent) on Assignment 4,


and obtain a composite grade of at least **B- (70 percent)**  on the course. The weighing of the composite grade is as follows:

Activity	Weight
Participation in Online Discussions	10%
Participation in Summer Institute Session	10%
Assignment 1: Techniques and Strategies for Influencing Change - Group Project Part I	25%
Assignment 2: Group Project Participation	5%
Assignment 3: Case Conceptualization Video and Analysis	25%
Assignment 4: Counselling Techniques and Strategies Video	25%
Total	100%

Materials

Collins, S. (2018). *Embracing cultural responsiveness and social justice: Re-shaping professional identity in counselling psychology*. Counselling Concepts.


<https://counsellingconcepts.ca/>  (Print)

Paré, D. A. (2013). *The practice of collaborative counseling & psychotherapy: Developing skills in culturally mindful helping*. Sage  (Print)

Other Resources

All other materials are available to students online

Important links

- › [Applicant Advising](#)
- › [Program Student Advising](#)
- › [Graduate Calendar](#) 
- › [Faculty of Graduate Studies](#) 

Athabasca University reserves the right to amend course outlines occasionally and without notice. Courses offered by other delivery methods may vary from their individualized study counterparts.

Opened in Revision 5, May 6, 2020

Updated April 6, 2022, by Student & Academic Services

View [previous revision](#) 