# Bachelor of Human Resources and Labour Relations

## Three Year (90 credits)

**PLEASE READ AND REVIEW: 2025/2026** [**Program Requirements**](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) **-** Effective September 1, 2025

This program plan will assist you in planning your program. You must follow the official program requirements for the calendar year in which you are enrolled.  
  
Please contact Advising Services ([advising@athabascau.ca](mailto:advising@athabascau.ca)) for program planning assistance. Students can use the [course availability](https://tux.athabascau.ca/oros/servlet/DispatcherServlet?action=courseAvailability) list to assist with planning courses.

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| **Course Level Legend** JUNIOR / JR - 200 numbered course SENIOR / SR - 300 or 400 numbered course PREPARATORY - 100 numbered course | **Course Progress Legend** TR - Transfer Credit Awarded C - Completed AU Course IP - In Progress AU Course |

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| **LEVEL** | **TOTAL CREDITS** | **COURSE** | **REQUIREMENT** | **COURSE  PROGRESS** | **COMMENTS** |
| Junior | 3 | [ENGL 255](https://www.athabascau.ca/syllabi/engl/engl255.html) | [Required Core (3/30)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Junior | 6 | [IDRL 215](https://www.athabascau.ca/syllabi/idrl/idrl215.html) | [Required Core (6/30)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Jr/Sr | 9 |  | [Option (3/15)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Jr/Sr | 12 |  | [Option (6/15)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Jr/Sr | 15 |  | [Option (9/15)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Jr/Sr | 18 |  | [Option (12/15)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Jr/Sr | 21 |  | [Option (15/15)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Jr/Sr | 24 |  | [Elective](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Jr/Sr | 27 |  | [Elective](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Jr/Sr | 30 |  | [Elective](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Jr/Sr | 33 |  | [Elective](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Jr/Sr | 36 |  | [Elective](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Senior | 39 | [EDUC 317](https://www.athabascau.ca/syllabi/educ/educ317.html) | [Required Core (9/30)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Senior | 42 | [HRMT 386](https://www.athabascau.ca/syllabi/hrmt/hrmt386.html) | [Required Core (12/30)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Senior | 45 | [IDRL 316](https://www.athabascau.ca/syllabi/idrl/idrl316.html) | [Required Core (15/30)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Senior | 48 | [IDRL 309/ LGST 310](https://www.athabascau.ca/syllabi/idrl/idrl309.html) or  [LBST 330](https://www.athabascau.ca/syllabi/lbst/lbst330.html) | [Required Core (18/30)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Senior | 51 | [IDRL 308](https://www.athabascau.ca/syllabi/idrl/idrl308.html) | [Required Core (21/30)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Senior | 54 | [IDRL 320](https://www.athabascau.ca/syllabi/idrl/idrl320.html) | [Required Core (24/30)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Senior | 57 | [SOCI 321](https://www.athabascau.ca/syllabi/soci/soci321.html) | [Required Core (27/30)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Senior | 60 | [SOSC 366](https://www.athabascau.ca/syllabi/sosc/sosc366.html) | [Required Core (30/30)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Senior | 63 |  | Elective - [HRMT](https://www.athabascau.ca/course/index.html?/undergraduate/all/human-resource-management/) or [IDRL](https://www.athabascau.ca/course/index.html?/undergraduate/all/industrial-relations/) (3/9) |  |  |
| Senior | 66 |  | Elective - [HRMT](https://www.athabascau.ca/course/index.html?/undergraduate/all/human-resource-management/) or [IDRL](https://www.athabascau.ca/course/index.html?/undergraduate/all/industrial-relations/) (6/9) |  |  |
| Senior | 69 |  | Elective - [HRMT](https://www.athabascau.ca/course/index.html?/undergraduate/all/human-resource-management/) or [IDRL](https://www.athabascau.ca/course/index.html?/undergraduate/all/industrial-relations/) (9/9) |  |  |
| Senior | 72 |  | [Elective](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Senior | 75 |  | [Elective](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Senior | 78 |  | [Elective](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Senior | 81 |  | [Elective](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Senior | 84 |  | [Elective](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Senior | 87 |  | [Elective](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |
| Senior | 90 |  | [Elective](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-human-resources-and-labour-relations.html) |  |  |

**Note***: Preparatory (100-level) courses are not permitted in this program.*