# Bachelor of General Studies - Arts and Science

## Three Year (90 credits)

**PLEASE READ AND REVIEW: 2025/2026** [**Program Requirements**](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) **-** Effective September 1, 2025

This program plan will assist you in planning your program. You must follow the official program requirements for the calendar year in which you are enrolled.

Please contact Advising Services (advising@athabascau.ca) for program planning assistance. Students can use the [course availability](https://tux.athabascau.ca/oros/servlet/DispatcherServlet?action=courseAvailability) list to assist with planning courses.

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| **Course Level Legend**JUNIOR / JR - 200 numbered courseSENIOR / SR - 300 or 400 numbered coursePREPARATORY - 100 numbered course | **Course Progress Legend**TR - Transfer Credit AwardedC - Completed AU CourseIP - In Progress AU Course |

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| **LEVEL** | **TOTALCREDITS** | **COURSE** | **REQUIREMENT** | **COURSE PROGRESS** | **COMMENTS** |
| Jr/Sr | 3 |   | [English Writing Requirement](https://www.athabascau.ca/calendar/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html#englishwritingskillsrequirement) |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Jr/Sr | 6 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Jr/Sr | 9 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Jr/Sr | 12 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Jr/Sr | 15 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/) |
| Jr/Sr | 18 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/) |
| Jr/Sr | 21 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Jr/Sr | 24 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Jr/Sr | 27 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Jr/Sr | 30 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Jr/Sr | 33 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Jr/Sr | 36 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Jr/Sr | 39 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Jr/Sr | 42 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Jr/Sr | 45 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Senior | 48 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 51 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 54 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 57 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 60 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 63 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 66 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 69 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 72 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 75 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 78 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Senior | 81 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Senior | 84 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Senior | 87 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Senior | 90 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |

**Notes:**

* To satisfy the 90-credit requirement to complete the BGS degree, students must complete 45 credits in courses with an [**Arts**](https://www.athabascau.ca/course/index.html?/undergraduate/arts/all/) (Humanities and/or Social Science) or [**Science**](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/) designation (30 of these credits must be taken at the senior (300 or 400) level). Refer to Minimum Credits Required above.
* A maximum of 6 credits at the preparatory (100) level are permitted in this program. Also, 15 credits maximum are permitted at the junior (200) level in one discipline.