# Bachelor of General Studies – Applied Studies

## Three Year (90 credits)

**PLEASE READ AND REVIEW : 2025/2026** [**Program Requirements**](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) **-** Effective September 1, 2025

This program plan will assist you in planning your program. You must follow the official program requirements for the calendar year in which you are enrolled.

Please contact Advising Services (advising@athabascau.ca) for program planning assistance. Students can use the [course availability](https://tux.athabascau.ca/oros/servlet/DispatcherServlet?action=courseAvailability) list to assist with planning courses.

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| **Course Level Legend**JUNIOR / JR - 200 numbered courseSENIOR / SR - 300 or 400 numbered coursePREPARATORY - 100 numbered course | **Course Progress Legend**TR - Transfer Credit AwardedC - Completed AU CourseIP - In Progress AU Course |

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| **LEVEL** | **TOTALCREDITS** | **COURSE** | **REQUIREMENT** | **COURSE PROGRESS** | **COMMENTS** |
| Jr/Sr | 3 | [ADMN 233](https://www.athabascau.ca/syllabi/admn/admn233.html) or [ENGL 255](https://www.athabascau.ca/syllabi/engl/engl255.html) | [English Writing Requirement](https://www.athabascau.ca/calendar/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html#englishwritingskillsrequirement) |   | [Applied Studies](https://www.athabascau.ca/course/index.html?/undergraduate/applied-studies/all/) or [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Jr/Sr | 6 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Applied Studies](https://www.athabascau.ca/course/index.html?/undergraduate/applied-studies/all/), [Business & Administrative Studies](https://www.athabascau.ca/course/index.html?/undergraduate/business-and-administrative/all/) |
| Jr/Sr | 9 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Applied Studies](https://www.athabascau.ca/course/index.html?/undergraduate/applied-studies/all/), [Business & Administrative Studies](https://www.athabascau.ca/course/index.html?/undergraduate/business-and-administrative/all/) |
| Jr/Sr | 12 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Applied Studies](https://www.athabascau.ca/course/index.html?/undergraduate/applied-studies/all/), [Business & Administrative Studies](https://www.athabascau.ca/course/index.html?/undergraduate/business-and-administrative/all/) |
| Jr/Sr | 15 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Applied Studies](https://www.athabascau.ca/course/index.html?/undergraduate/applied-studies/all/), [Business & Administrative Studies](https://www.athabascau.ca/course/index.html?/undergraduate/business-and-administrative/all/) |
| Jr/Sr | 18 |   |   |   | [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/) |
| Jr/Sr | 21 |   |   |   | [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/) |
| Jr/Sr | 24 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Jr/Sr | 27 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Jr/Sr | 30 |   |   |   | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Jr/Sr | 33 |   |   |   | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Jr/Sr | 36 |   | [Option or Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   |   |
| Jr/Sr | 39 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Jr/Sr | 42 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Jr/Sr | 45 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Senior | 48 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Applied Studies](https://www.athabascau.ca/course/index.html?/undergraduate/applied-studies/all/), [Business & Administrative Studies](https://www.athabascau.ca/course/index.html?/undergraduate/business-and-administrative/all/) |
| Senior | 51 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Applied Studies](https://www.athabascau.ca/course/index.html?/undergraduate/applied-studies/all/), [Business & Administrative Studies](https://www.athabascau.ca/course/index.html?/undergraduate/business-and-administrative/all/) |
| Senior | 54 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Applied Studies](https://www.athabascau.ca/course/index.html?/undergraduate/applied-studies/all/), [Business & Administrative Studies](https://www.athabascau.ca/course/index.html?/undergraduate/business-and-administrative/all/) |
| Senior | 57 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-major.html) |   | [Applied Studies](https://www.athabascau.ca/course/index.html?/undergraduate/applied-studies/all/), [Business & Administrative Studies](https://www.athabascau.ca/course/index.html?/undergraduate/business-and-administrative/all/) |
| Senior | 60 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-major.html) |   | [Applied Studies](https://www.athabascau.ca/course/index.html?/undergraduate/applied-studies/all/), [Business & Administrative Studies](https://www.athabascau.ca/course/index.html?/undergraduate/business-and-administrative/all/) |
| Senior | 63 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-major.html) |   | [Applied Studies](https://www.athabascau.ca/course/index.html?/undergraduate/applied-studies/all/), [Business & Administrative Studies](https://www.athabascau.ca/course/index.html?/undergraduate/business-and-administrative/all/) |
| Senior | 66 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-major.html) |   | [Applied Studies](https://www.athabascau.ca/course/index.html?/undergraduate/applied-studies/all/), [Business & Administrative Studies](https://www.athabascau.ca/course/index.html?/undergraduate/business-and-administrative/all/) |
| Senior | 69 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-major.html) |   | [Applied Studies](https://www.athabascau.ca/course/index.html?/undergraduate/applied-studies/all/), [Business & Administrative Studies](https://www.athabascau.ca/course/index.html?/undergraduate/business-and-administrative/all/) |
| Senior | 72 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-major.html) |   | [Applied Studies](https://www.athabascau.ca/course/index.html?/undergraduate/applied-studies/all/), [Business & Administrative Studies](https://www.athabascau.ca/course/index.html?/undergraduate/business-and-administrative/all/) |
| Senior | 75 |   | [Designation](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-major.html) |   | [Applied Studies](https://www.athabascau.ca/course/index.html?/undergraduate/applied-studies/all/), [Business & Administrative Studies](https://www.athabascau.ca/course/index.html?/undergraduate/business-and-administrative/all/) |
| Senior | 78 |   | [Option](https://www.athabascau.ca/calendar/undergraduate/program-regulations/degrees/bachelor-of-general-studies.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Senior | 81 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-major.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Senior | 84 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-major.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Senior | 87 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-major.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Senior | 90 |   | [Option](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-major.html) |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |

**Notes:**

* Students must complete 45 credits in courses with an Applied Studies designation (30 of these credits must be taken at the senior (300 or 400) level). Students in the Applied Studies designation in the Bachelor of General Studies degree must also complete [ADMN 233](https://www.athabascau.ca/syllabi/admn/admn233.html) or [ENGL 255](https://www.athabascau.ca/syllabi/engl/engl255.html). ADMN 233 will partially satisfy the Applied Studies area of study requirement in this program.
* A maximum of 6 credits at the preparatory (100) level are permitted in this program. Also, maximum 15 credits are permitted at the junior (200) level in one discipline.

*Last modification: September 9, 2025.*