# Bachelor of Arts – History Major

## Four Year (120 credits)

**PLEASE READ AND REVIEW: 2025/2026** [**Program Requirements**](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-history-major.html) **-** Effective September 1, 2025

This program plan will assist you in planning your program. You must follow the official program requirements for the calendar year in which you are enrolled.  
  
Please contact Advising Services ([advising@athabascau.ca](mailto:advising@athabascau.ca)) for program planning assistance. Students can use the [course availability](https://tux.athabascau.ca/oros/servlet/DispatcherServlet?action=courseAvailability) list to assist with planning courses.

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| **Course Level Legend** JUNIOR / JR - 200 numbered course SENIOR / SR - 300 or 400 numbered course PREPARATORY - 100 numbered course | **Course Progress Legend** TR - Transfer Credit Awarded C - Completed AU Course IP - In Progress AU Course |

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| **LEVEL** | **TOTAL CREDITS** | **COURSE** | **REQUIREMENT** | **COURSE  PROGRESS** | **COMMENTS** |
| Jr/Sr | 3 | [ENGL255](https://www.athabascau.ca/syllabi/engl/engl255.html) | [English Writing Requirement](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-history-major.html#englishwritingskillsrequirement) |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Junior | 6 | [HIST 224](https://www.athabascau.ca/syllabi/hist/hist224.html) | [Major Required – Canadian History](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-history-major.html) |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Junior | 9 | [HIST 225](https://www.athabascau.ca/syllabi/hist/hist225.html) | [Major Required – Canadian History](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-history-major.html) |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Junior | 12 | [HIST](https://www.athabascau.ca/course/index.html?/undergraduate/all/history/) | [Major Required – European or World History](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-history-major.html) |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Junior | 15 | [HIST](https://www.athabascau.ca/course/index.html?/undergraduate/all/history/) | [Major Required – European or World History](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-history-major.html) |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Jr/Sr | 18 |  |  |  | [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/) |
| Jr/Sr | 21 |  |  |  | [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/) |
| Jr/Sr | 24 |  |  |  | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Jr/Sr | 27 |  |  |  | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Jr/Sr | 30 |  |  |  | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Jr/Sr | 33 |  |  |  | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Jr/Sr | 36 |  |  |  | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Jr/Sr | 39 |  |  |  | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Jr/Sr | 42 |  |  |  | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all/) |
| Jr/Sr | 45 |  | [Major Elective (3/15)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-history-major.html) |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 48 | [HIST](https://www.athabascau.ca/course/index.html?/undergraduate/all/history/) | [Major Elective -European History](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-history-major.html) |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Senior | 51 | [HIST](https://www.athabascau.ca/course/index.html?/undergraduate/all/history/) | [Major Elective -European History](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-history-major.html) |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Senior | 54 | [HIST](https://www.athabascau.ca/course/index.html?/undergraduate/all/history/) | [Major Elective -North American History](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-history-major.html) |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Senior | 57 | [HIST](https://www.athabascau.ca/course/index.html?/undergraduate/all/history/) | [Major Elective -North American History](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-history-major.html) |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Senior | 60 |  | [Major Required (other than North America or Europe)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-history-major.html) |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Senior | 63 |  | [Major Required (other than North America or Europe)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-history-major.html) |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Senior | 66 |  | [Major Elective (6/15)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-history-major.html) |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 69 |  | [Major Elective (9/15)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-history-major.html) |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 72 |  | [Major Elective (12/15)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-history-major.html) |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 75 |  | [Major Elective (15/15)](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-history-major.html) |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 78 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 81 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 84 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 87 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 90 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 93 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 96 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 99 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 102 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 105 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 108 |  |  |  | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all/) |
| Senior | 111 |  |  |  | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all/) |
| Senior | 114 |  |  |  | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all/) |
| Senior | 117 |  |  |  | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all/) |
| Senior | 120 |  |  |  | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all/) |

*Note: Program requires 18 credits at the 400 level which must include a minimum of 12 credits within the major.*