# Bachelor of Arts – Psychology Concentration

## Three Year (90 credits)

**PLEASE READ AND REVIEW: 2025/2026** [**Program Requirements**](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-concentration.html) **-** Effective September 1, 2025

This program plan will assist you in planning your program. You must follow the official program requirements for the calendar year in which you are enrolled.  
  
Please contact Advising Services ([advising@athabascau.ca](mailto:advising@athabascau.ca)) for program planning assistance. Students can use the [course availability](https://tux.athabascau.ca/oros/servlet/DispatcherServlet?action=courseAvailability) list to assist with planning courses.

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| **Course Level Legend** JUNIOR / JR - 200 numbered course SENIOR / SR - 300 or 400 numbered course PREPARATORY - 100 numbered course | **Course Progress Legend** TR - Transfer Credit Awarded C - Completed AU Course IP - In Progress AU Course |

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| **LEVEL** | **TOTAL CREDITS** | **COURSE** | **REQUIREMENT** | **COURSE  PROGRESS** | **COMMENTS** |
| Jr/Sr | 3 |  | [English Writing Skills Requirement](https://www.athabascau.ca/calendar/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-concentration.html#englishwritingskillsrequirement) |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Junior | 6 | [PSYC289](http://www.athabascau.ca/html/syllabi/psyc/psyc289.htm) | [Concentration Core](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-concentration.html) |  | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Junior | 9 | [PSYC290](http://www.athabascau.ca/html/syllabi/psyc/psyc290.htm) | [Concentration Core](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-concentration.html) |  | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Jr/Sr | 12 | [MATH215](http://www.athabascau.ca/html/syllabi/math/math215.htm) or [MATH216](https://www.athabascau.ca/syllabi/math/math216.html) or  [SOCI 301](https://www.athabascau.ca/syllabi/soci/soci301.html) | [Concentration Core](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-concentration.html) |  | \*See note below [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Jr/Sr | 15 |  |  |  | [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/) |
| Jr/Sr | 18 |  |  |  | [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/) |
| Jr/Sr | 21 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Jr/Sr | 24 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Jr/Sr | 27 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Jr/Sr | 30 |  |  |  | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all/) |
| Jr/Sr | 33 |  |  |  | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all/) |
| Jr/Sr | 36 |  | [Elective](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-concentration.html) |  | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 39 | [PSYC304](http://www.athabascau.ca/html/syllabi/psyc/psyc304.htm) | [Concentration Core](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-concentration.html) |  | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 42 | [PSYC375](http://www.athabascau.ca/html/syllabi/psyc/psyc375.htm) | [Concentration Core](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-concentration.html) |  | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 45 | [PSYC 323](https://www.athabascau.ca/syllabi/psyc/psyc323.html) or [PSYC 355](https://www.athabascau.ca/syllabi/psyc/psyc355.html) or [PSYC 356](https://www.athabascau.ca/syllabi/psyc/psyc356.html) or  [PSYC 379](https://www.athabascau.ca/syllabi/psyc/psyc379.html) or [PSYC 387](https://www.athabascau.ca/syllabi/psyc/psyc387.html) or [PSYC 302](https://www.athabascau.ca/syllabi/psyc/psyc302.html) or [PSYC 435](https://www.athabascau.ca/syllabi/psyc/psyc435.html) | [Foundation Course](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-concentration.html) |  | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 48 | [PSYC 323](https://www.athabascau.ca/syllabi/psyc/psyc323.html) or [PSYC 355](https://www.athabascau.ca/syllabi/psyc/psyc355.html) or [PSYC 356](https://www.athabascau.ca/syllabi/psyc/psyc356.html) or  [PSYC 379](https://www.athabascau.ca/syllabi/psyc/psyc379.html) or [PSYC 387](https://www.athabascau.ca/syllabi/psyc/psyc387.html) or [PSYC 302](https://www.athabascau.ca/syllabi/psyc/psyc302.html) or [PSYC 435](https://www.athabascau.ca/syllabi/psyc/psyc435.html) | [Foundation Course](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-concentration.html) |  | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 51 | [PSYC 323](https://www.athabascau.ca/syllabi/psyc/psyc323.html) or [PSYC 355](https://www.athabascau.ca/syllabi/psyc/psyc355.html) or [PSYC 356](https://www.athabascau.ca/syllabi/psyc/psyc356.html) or  [PSYC 379](https://www.athabascau.ca/syllabi/psyc/psyc379.html) or [PSYC 387](https://www.athabascau.ca/syllabi/psyc/psyc387.html) or [PSYC 302](https://www.athabascau.ca/syllabi/psyc/psyc302.html) or [PSYC 435](https://www.athabascau.ca/syllabi/psyc/psyc435.html) | [Foundation Course](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-concentration.html) |  | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 54 | [PSYC 323](https://www.athabascau.ca/syllabi/psyc/psyc323.html) or [PSYC 355](https://www.athabascau.ca/syllabi/psyc/psyc355.html) or [PSYC 356](https://www.athabascau.ca/syllabi/psyc/psyc356.html) or  [PSYC 379](https://www.athabascau.ca/syllabi/psyc/psyc379.html) or [PSYC 387](https://www.athabascau.ca/syllabi/psyc/psyc387.html) or [PSYC 302](https://www.athabascau.ca/syllabi/psyc/psyc302.html) or [PSYC 435](https://www.athabascau.ca/syllabi/psyc/psyc435.html) | [Foundation Course](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-concentration.html) |  | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 57 |  | [Elective](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-concentration.html) |  | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 60 |  | [Elective](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-psychology-concentration.html) |  | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/), [Applied Studies](https://www.athabascau.ca/course/index.html?/undergraduate/applied-studies/all/) |
| Senior | 63 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 66 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 69 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 72 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 75 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 78 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 81 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 84 |  |  |  | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 87 |  |  |  | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all/) |
| Senior | 90 |  |  |  | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all/) |

\***Notes:**

* A maximum of 45 credits allowed in one discipline.
* A maximum of 6 credits at the preparatory (100) level.
* We strongly recommend that students consider taking MATH 216 for this requirement as most quantitative data analysis is completed using computer software and this is a valuable skill both for future study and work in various fields.
* A maximum of one course from the following can be taken as an elective:

CRJS 360, ORGB 327, ORGB 364