Bachelor of Arts – General

Three Year (90 credits)

**PLEASE READ AND REVIEW: 2025/2026** [**General BA Regulations (3-year)**](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-three-year-general.html) **-** Effective September 1, 2025

This program plan will assist you in planning your program. You must follow the official program requirements for the calendar year in which you are enrolled. Please contact Advising Services (advising@athabascau.ca) for program planning assistance. Students can use the [course availability](https://tux.athabascau.ca/oros/servlet/DispatcherServlet?action=courseAvailability) list to assist with planning courses. Review prerequisites on the online course syllabus before registering for a course.

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| **Course Level Legend**JUNIOR / JR - 200 numbered courseSENIOR / SR - 300 or 400 numbered coursePREPARATORY - 100 numbered course | **Course Progress Legend**TR - Transfer Credit AwardedC - Completed AU CourseIP - In Progress AU Course |

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| **LEVEL** | **TOTALCREDITS** | **COURSE** | **REQUIREMENT** | **COURSE PROGRESS** | **COMMENTS** |
| Jr/Sr | 3 |   | [English Writing Requirement](https://www.athabascau.ca/calendar/2025/undergraduate/program-regulations/degrees/bachelor-of-arts-three-year-general.html#englishwritingskillsrequirement) |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Jr/Sr | 6 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Jr/Sr | 9 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Jr/Sr | 12 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/) |
| Jr/Sr | 15 |   |   |   | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/)  |
| Jr/Sr | 18 |   |   |   | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Jr/Sr | 21 |   |   |   | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Jr/Sr | 24 |   |   |   | [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Jr/Sr | 27 |   |   |   | [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/) |
| Jr/Sr | 30 |   |   |   | [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/) |
| Jr/Sr | 33 |   |   |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Jr/Sr | 36 |   |   |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Senior | 39 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 42 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 45 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 48 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 51 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 54 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 57 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 60 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 63 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 66 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 69 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 72 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 75 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 78 |   |   |   | [Humanities](https://www.athabascau.ca/course/index.html?/undergraduate/humanities/all/), [Social Science](https://www.athabascau.ca/course/index.html?/undergraduate/social-science/all/) |
| Senior | 81 |   |   |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Senior | 84 |   |   |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Senior | 87 |   |   |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |
| Senior | 90 |   |   |   | [Any area of study](https://www.athabascau.ca/course/index.html?/undergraduate/all/all) |

**Notes:**

* A maximum of 6 credits at the preparatory (100) level.
* A maximum of 15 credits at the junior (200) level in one discipline.
* A maximum of 45 credits in any one discipline.
* A maximum of 24 credits in [Applied Studies](https://www.athabascau.ca/course/index.html?/undergraduate/applied-studies/all/) and/or [Science](https://www.athabascau.ca/course/index.html?/undergraduate/science/all/). A maximum of 18 credits of Applied Studies courses.
* Residency requirement: A minimum of 30 credits must be obtained through Athabasca University.