

Objectives

- Discuss why writing for publication is important
- Outline the steps in selecting a topic and a journal
- Develop a strategy for writing an article
- Identify issues surrounding plagiarism and reference errors
- Examine common pitfalls in the writing process

Why publish?

- Fame and fortune??
- Personal satisfaction
- Academic requirement
- Building a resume
- Making a contribution to your field





Fame and Fortune

- Fortune no- with the exception of commissioned work, most journals do not pay for articles.
- Consider this- in many science journals you can expect to PAY up to \$3000 for the privilege of having them publish your article

Fame



Publishing is a great way to get your name 'out there'.

Often when groups are looking for a speaker they look to see who is publishing on their topic of interest.



Career Building

- Publishing is an excellent way to build your CV, work towards a promotion or raise or get prepared for an academic career.
- Masters or PhD in your future? It's a competitive world out there- publishing will set you apart from others at a similar point in your field

Contributing to your profession

- Advancing knowledge
- Clarifying thoughts
- Informing theory or practice
- Inviting help or criticism
- Stirring debate
- Sharing wisdom or innovation

Six Myths that Haunt Writers

K. Henson

- I am not sure I have what it takes
- I do not have time to write
- I do not have anything worth writing about
- The editor will reject my work because my name is not familiar to them
- My vocabulary and writing skills are too limited
- In my field there are few opportunities to publish

Henson, K. T. (1999). Writing for professional education. MA: Allyn & Bacon.

There is no 'WHY NOT'

• If you can read, think critically ...you are on your way to becoming a published author.

Getting Started

- Write, write, write
- Offer to review articles, do book reviews or critique colleagues work
- Read Read Read- be attentive to style, flow, what appeals to you in what you read and what irritates you.

A word about authorship

All persons designated as authors should contribute-that is each author should have participated sufficiently in the process to take public credit for it (International Committee of Medical Journal Editors)



Coauthorship

Pros

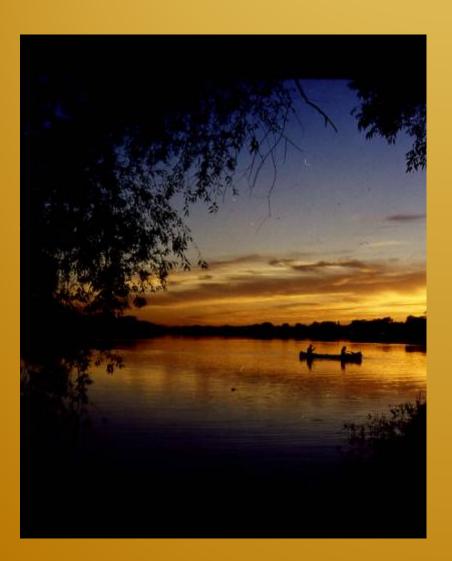
- share the work
- complementary expertise

cons

- someone else's timeline
- different writing or practice styles
- changing prioritiesor commitment



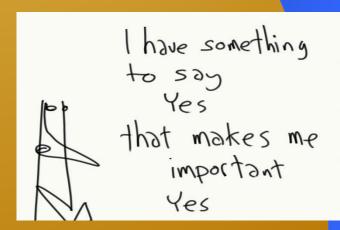
Determining authorship



- Agree in advance
 - Who should be an author
 - In what order will authorship be listed
 - What are the rights and responsibilities of authors

Step 1:Choosing a Topic

- 4 Basic topic Types
 - Practical
 - Applications of theory or research to improve professional practice
 - Centered on questions of concern to those in the field
 - Review or Theoretical Articles
 - To synthesize what is known
 - Research study
 - To generate new knowledge
 - Creative/artistic works





Some Questions to ask

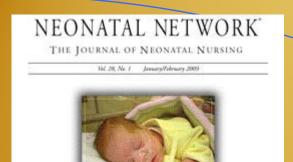
- What area really interests you?
- What do you want to learn more about?
- What innovative solution to a problem have you developed?
- What does your work place do really well or in a special way
- Where are the gaps in current knowledge?

Solidifying your topic

- Read, read, read
 - Understand your field
 - Know where the gaps are
- Examine your own interests and strengths

Step 2: Finding a Journal

- Selected a topic
- Where to go next?



Choosing a Journal

- Think about the target audience
 - Managers, educators, those in the field
 - Beginning professionals or those with experience
 - Is the topic unique to only your region or will it appeal internationally?
 - Does it cross specialties or disciplines?
- Read a few issues of the targeted journal to be sure the topic fits and to see how the articles are written

Types of Journals

- Research Journals (peer reviewed)
- Applied Journals (peer reviewed)
- Journals for Specialty or Professional Groups (peer reviewed)
- General Journals (peer reviewed)
- Non-Peer Reviewed Journals
 - Newsletters
 - "Throw-away Journals"

Finding Journals

- Google search of journals
- Go to the website of large publishing houses
- Professional portals such as Nursing Centre http://www.nursingcenter.com/library/

Making your choice

- How large is the circulation?
- What is the acceptance rate (high prestige journals have lower rates therefore harder to get accepted)
- Well-known editor, editorial board?
- High visibility in your field?
- Look for journals that publish similar types of work targeted for the same audience you want to reach

Tier 1 or Tier 2- does it matter?

- Top tier Journal
 - Bigger readership
 - More prestige
 - More brownie points
 - Usually researched focused
 - Much higher rejection rate

Predatory Journals

• Have any of you received an email like this?

Dear Dr. Debbie Fraser MN RNC,

You are cordially invited to submit or recommend articles to the Advances in Lung Cancer (ALC, ISSN: 2169-2726), which is a peer-reviewed open access journal and has been indexed by 13 databases so far. For more information about the journal and its Aims & Scope, please visit the following the website: www.scirp.org/journal/alc.

About Our Journal

- Full peer review: All manuscripts submitted to our journals undergo double blind peer review.
- Fast publication: Fast peer review process of papers within approximately one month of submission.
- Low price: Publication Fee Assistance to Authors from Low Income Countries.

Dear Fraser DF, Greetings! I hope you are well.

I am writing on behalf of an international publishing house, Science and Education Publishing, USA (http://www.sciepub.com).

Starting from October 2012 Science and Education Publishing (SciEP) is launching new series of Journals in different aspects of science, technology and medicine, we have released first issues of some journals on February 2013.

American Journal of Public Health Research
American Journal of Medical Sciences and Medicine
American Journal of Pharmacological Sciences
American Journal of Medicine Studies
American Journal of Medical and Biological Research
American Journal of Clinical Medicine Research
American Journal of Nursing Research
Journal of Preventive Medicine

American Journal of Hypertension Research

Proliferation of Open-Access Publishers

- True peer-reviewed, open access journals play an important role in the dissemination of publically funded research
- Major granting agencies require publication of results in an open-access format
- On the other hand, 'Scientific & Academic Publishing, USA' lists its address in the middle of a six lane highway...

Open access red flags



- Warning Signs:
 - not all open-access journals are reputable
 - Publisher's owner may be the editor of multiple journals
 - Does not identify a formal review board
 - Academic expertise doesn't match journal subject area
 - Depends on author fees to support publication
 - Hides information about author fees
 - False claims regarding indexing and impact factor

Being in Style

- Each journal has its own style (both for how an article is written and also what formal reference style is used
- Author guidelines are often published in the journal
- Most journals publish their guidelines on the web
- Look at a few issues of the journal to get a sense of how articles are written

Style Issues to consider

- Formal vs informal
 - Professional language should always be used
 - Some journals publish articles in first person
 (We do this vs educators do this)
 - Some journals encourage pictures and figures, others do not
 - Some use a more 'chatty style', others a more formal approach to language

How will I know if the journal is interested in my article?

- Talk to the editor
 - E-mail a query

 Check the journal website for specific calls for articles

Do I need to talk to the editor?

- A query letter (e-mail) is not required but can save both you and the editor time
- The editor can tell you
 - if your topic is of interest or is already covered
 - If there is a particular to focus your topic
 - If there are any particular requirements for submission

Writing a Query Letter

 Query letters should include a short synopsis of what the article is about

May include an outline of the topic or an abstract

Keep it short and to the point



Writing a Query Letter

- Clarify submission guidelines or address any questions you may have
- Ask about the review process and when you will expect to hear back from the journal
- Remember, your query email is your 'first impression' with the editor and helps you make a personal connection that may come in handy later on.

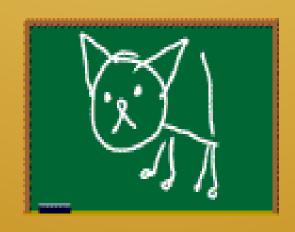
Off on the wrong foot?

Hi, im required to submit a paper for publication for my master's course.

Can u tell me what I should write about? Also can you send me a replay so that I can show my instructor and get my mark?

Thanks, Vanessa Send to hotbabe_000@....

Blockade 3: The writing process



Developing an Outline

- Clarify the following 3 things before you begin to write
 - Your purpose
 - Your audience
 - Scope of your material
- Other things to think about
 - Content- key points to be covered
 - Features- headings, tables, boxes
 - Deadline- give yourself a timeline to work

Value of the outline

- Wandering around in an idea is timeconsuming – Marilyn Oermann
- Outline helps plan and organize the project, it also allows you to set goals and deadlines and track your progress
- Ensures all the important content is there
- Provides natural headings and subheadings for the manuscript



OUTLINE

I. Introduction

A. Grab attention

B. State thesis

II. Body

A. Build points

B. Develop ideas

C. Support main claim

III. Conclusion

A. Reemphasize main idea

From:

http://owl.english.purdue.edu/workshops/pp/writproc.PPT#258, 3,Why do you need a writing process?

Sample outline

- Title
- Introduction- what is the problem and why is it important
- Scope of the problem
- Literature review- what is known or not
- What should be done about the problem
- Implications- connect your research to the field

Outline for a Research Article

- I. Introduction (1 page)
- A. Introduces the research problem
- B. Address why studying this problem is important
- C. State the purpose of the research

"a bad beginning makes a bad ending" (Eunipdes)

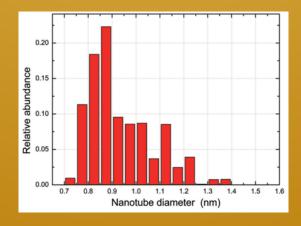
- II. Literature (3 4 pages)
- Synthesis & critique of previous research related to your research problem (must be succinct!)
- What does prior research suggest needs to be done next?
- How does your work address this need
- State study question/research hypothesis

- III. Methods (2-4 pages)
- A. Design
- B. Sample, setting
- C. Instruments

(include statement of

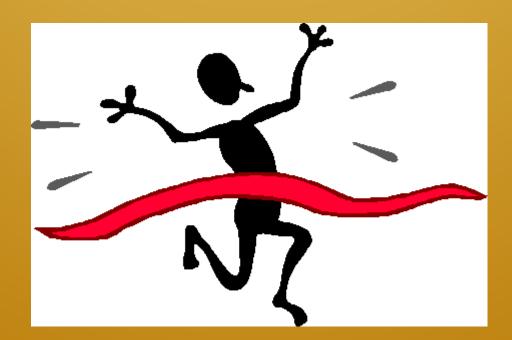
Ethics approval or exemption)

- IV. Results (1 page)
- A. State the analytic techniques or statistics you used
- B. Report the findings that answer the research question or hypothesis



- V. Discussion (3 4 pages)
- A. Discuss your results r/t previous research findings
- B. Relate your findings to clinical practice
- C. Include study limitations
- D. State what needs to be done from here

- VI. Conclusion (1 paragraph)
- Summarize your findings



Just to ReCap

- You've decided to write
- You've chosen a topic
- You found a journal
- You made an outline
- You settled on authorship
-Now you're ready to begin....

Strategies for Success



Most people don't plan to fail...they just fail to plan

Having a plan:

- Keeps goals realistic and achievable
- Motivates
- Helps maintain life-work-school balance
- Reduces the "last minute crunch"
- Allows you to produce your best work

The Reading and Thinking

Give yourself abundant time to:

- (a) Collect the sources
- Search
- Pick up books and journals at the library
- Make photocopies
- Document delivery
- (b) Read the sources
- Highlight, underline, make comments in the margins
- Process and analyze individual authors' ideas
- Contrast and compare different authors' ideas
- Incorporate the ideas from the literature into beliefs about your practice

The First Draft Stage

The aim = to create a working draft

Write to:

- Get the words on the page/screen
- Establish & explain your key points

At this stage, don't worry about:

- Spelling and punctuation
- Grammar and sentence structure
- Formatting

Ernest Hemingway, when asked what was the most frightening thing he had ever encountered, answered, "A blank sheet of paper".

The Second Draft Stage

The goal = to clarify

- Does it make sense?
- Have I supported my main points/arguments using reasons, examples, statistics, or research?
- Are the ideas logically connected?
- Have I used formal language?

Rewrite

Revise

Rethink

Re-reseach?

"Writing is nature's way of showing you how sloppy your thinking is" (Guindon cartoon, 2005).

Subsequent Drafts

The aim = precision and attention to detail

At this stage, worry about:

- Spelling
- Grammar and sentence structure
- Punctuation
- Formatting

"Excellence is in the details. Give attention to the details and excellence will come" (Paxton, 2006)

Collecting your data

- Sources of data
 - Local library
 - Databases appropriate to your specialty
 - ERIC, EBSCO etc
 - Dissertation Abstracts
 - Internet search-
 - Using search engines (www.google.com)
 - Using encyclopedic sites
 - Government sites (<u>www.nih.gov</u>; <u>www.cdc.gov</u>)
 - Listservs- good for opinion and local practice



Searching the literature

Pub Med

- Look for multiple sources of information
- Internet references are accepted by most journals but should not comprise your entire reference list
- Do not rely on open sources such as Wikipedia for critical information (drug doses for example)

Strategies for reviewing the literature

 Do your homeworkinclude material that is relevant and recent

 Use the literature review to tell both what is known and what is not known about your topic

Reviewing the literature

- With the exception of classic works, the majority of your references should be published within the past five years.
- If little has been published on your topic- tell your reader that so they know you have done your homework.

Strategies for reviewing the literature

- Organize the literature review around the key concepts in your article. If your article is about educating elementary students then exclude articles about secondary or university education
- Do NOT cite all, rather cite what is relevant
- Be sure to include influential sources
- Read the sources you cite!

Tables

- an excellent way to summarize material and make your article more reader friendly.
- Tables can be created from material compiled from several sources (and referenced) or reprinted from another published source (with permission)
- Call out your tables and figures where you want them in your manuscript and include them at the end of your paper
- Provide a brief caption for each table

Figures and photos

- Another great way to enhance an article and illustrate your point.
- Like tables, pictures from other sources (including the internet) require permission from
- Again, provide a brief caption or explanation for each photo and figure

So what about references?



References

- Submit in the style of the journal (APA, Chicago, MLA etc)
- Include all references cited in your manuscript
- Don't include articles in your reference list that aren't cited in your paper
- Use the most recent edition of textbooks

Referencing

- Need a balance between too many and too few
 - If info is common knowledge- no need to ref
- Reference if
 - Citing another's work
 - Providing a definition
 - Citing statistics
 - Citing the results of research
 - Info is not general knowledge



Primary vs Secondary sources

- Primary sources are always be used
- What is a primary source- when a study is done by Smith- Smith's paper is the primary source.
- When you read a sentence that says "Smith found that ... and the reference is Jones then Jones is a secondary source and when you use Jones as your source you are relying on Jones to interpret the study rather than looking at the study yourself

Referencing

- References should generally be less than five years old unless classic
- "Several studies" need several references
- Problems:
 - Too many references
 - Too few references
 - Unclear references- should be clear which statement the reference refers to

Managing References

- ***Scrupulous attention to detail
 - As soon as you cite a reference, immediately put it into the reference section. Don't write the reference section at the end!
 - Compare the typed reference list to the original publication to ensure accuracy



Accuracy of References

- Check all references for the following
 - Consistency between references cited and listed references- use the find and replace feature in your WP program
 - Correct spelling of names
 - Accuracy of dates
 - Complete citation
 - Adherence to journal's guidelines

Referencing Tables

- Tables compiled from text or many sourcescite each source
- Table from only one source? Permission needed-check?

Plagiarism

"Substantial unattributed textual copying of another's work means the unattributed verbatim or nearly verbatim copying of sentences and paragraphs which materially mislead the ordinary reader regarding the contributions of the author"



Misconduct or Misadventure?

- Plagiarism may represent an intent to deceive, that is to take someone else's work and claim it as one's own
 - More often it is a case of either poor writing skills or a poor grasp of the content
 - Students in particular have difficulty with paraphrasing

Journals respond:

- Reviewers are tasked with checking references and advising in cases of plagiarism
- Increasingly, journals are resorting to plagiarism detection via text-matching software
- Ongoing debate about the appropriate response to plagiarism
 - Article retraction
 - Inform the author's employer
 - Print a notice of plagiarism

Self-Plagiarism

? Question:

– Can I still submit to a journal if my work has been presented at a scientific meeting or published as a abstract elsewhere?

• Answer:

- In most cases yes
 - All major publishing houses (Wiley, Springer, Elsevier, Nature, Oxford, PLOS) do not consider the publication of a dissertation abstract or a pre-print of an article to be a "publication"
 - a preprint is an un-refereed author version of the article

Self-plagiarism

- ? Question:
 - Can I publish two, three or more articles from one study?
 - Answer:
 - referred to as salami-slicing, this is a gray area
 - Most publishers acknowledge that, if more than one paper is published from the same study, there will be some overlap in sections such as sample and methodology
 - HOWEVER prior publications should be identified
 - At issue if a meta-analysis counts a duplicate pub as a separate study it can alter results

Nature's Response

• All authors must provide details and pre-prints of all papers that are under consideration, *in press* or recently published elsewhere that could have any relevance to their submitted work.



Ask yourself

"Does this manuscript contain enough new data, knowledge, or insight to warrant publication?" - Editor, American Journal of Speech-Language Pathology

Good writing

- According to William Kritsonis:
 - The difference between good writing and better writing is the number of hesitations the reader experiences as they read
- Or as Joseph Pulitzer advises:
 - "Put it to them briefly so they will read it, clearly so they will appreciate it picturesquely so they remember it and above all, accurately so they will be guided by its light"

Writing Tips

- Tip # 1 Write in clear, straightforward style using an active voice. "We were told by the participants" rather than "The participants told us"
- e.g."The practice of ____ is not recommended from the results of this study."

Writing Tips

- Tip #2 Proof read, and have your manuscript reviewed by a peer or advisor.
- NOTE: Spell check will not catch everything, and grammar checks are often wrong!



Making an impact



- Start strong.
- The majority of readers never get beyond the first paragraph.
 - Open with a statement about people
 - Open in a provocative way that catches attention.
- Keep your audience in mind and tell them why they should be interested.
- Fulfill your promise to the reader by making sure your writing does what it says it will do.
- Answer the so-what question! Leave readers with what you most want them to remember. End strong!

Based on the writings of Robert Sternberg and Daryl Bem.

Pitfalls to avoid

- Spelling and grammar mistakes
- Wrong citation and reference format
- Old references rather than classics
- Disorganized thought progression
- Lack of peer review
- Writing for the wrong audience





More Pitfalls

- Jargon or local abbreviations
 - Always spell out abbreviations with first use
- Local practices
- Missing introduction and conclusion
- Long or complex sentences or paragraphs
- Lack of transition between paragraphs
 - ...muddled writing means muddled thinking..."
 - Stanley Gilder [1909-] Medical Journal of Australia I:957, 1962

Words of Wisdom

When you catch adjectives, kill most of them—the rest will be valuable (Mark Twain).

Overcoming Writer's Block

- Find an efficient system- a place to work with a functioning computer and printer
- Once you have decided start immediately
- Find a place to write and keep everything you need there
- Break the process into small sections

Overcoming Writer's Block

- Successful writers schedule time to write
- It ALWAYS takes longer than you think!
- Say NO if you don't have time to take on another project
- Tips for writer's block
 - Have confidence that you have something important to say
 - Organize your ideas before you write
 - Get your message down first, then go back and polish

What are the reviewers looking for?

- Accuracy
- Significance
- Clarity and creativity

OR

Is it true? Is it new? Is it important?

Reasons for rejection

- Topic not suited for the audience
- Not a current topic and not worth revisiting
- Journal has just published on this topic
- Failure to even come close to the submission guidelines
- Plagiarism
- Major problems with references

Rookie Mistakes

- Too many quotes
- Secondary sources
- Missed key literature
- Abbreviations, jargon, regional practices
- Too many references
- Not having someone else read it!

What to Do Next

- Revise and resubmit
- Find an experienced writing partner to help revise the manuscript
- Submit to a different journal
- Begin again with a different topic
- Consider this a learning experience and move on

Writing Resources

- http://owl.english.purdue.edu
- http://www.cariboo.bc.ca/disciplines/
- http://web.princeton.edu/sites/writing/Writing_Ce nter/WCWritingRes.htm
- http://www.writingcenter.emory.edu/writing.html
- http://www.lsa.umich.edu/swc/resources/writingresources/
- http://www.blackwellpublishing.com/publicationet
 http://www.blackwellpublishing.com/publicationet
 http://www.blackwellpublishing.com/publicationet
- http://www.wame.org/resources
- http://www.councilscienceeditors.org/